

令和7(2025)年度

名桜大学大学院

スポーツ健康科学研究科(修士課程)

入学試験問題(10月試験)

【筆記試験(英語)】

試験日: 2024年10月12日(土)

試験時間: 9時30分～10時30分

注意事項

1. 試験開始の合図があるまで、この問題冊子を開いてはいけません。
2. 解答時間は、60分です。
3. 受験番号を解答用紙の所定の欄に、必ず記入してください。
4. 解答はすべて解答用紙の所定の欄に横書きで記入してください。
5. 解答用紙の他に、下書き用紙を配付するので取り違えないように注意してください。
6. 問題冊子、下書き用紙は、持ち帰ってください。

# 令和 7（2025）年度 大学院スポーツ健康科学研究科

## 筆記試験（英語）問題用紙

問題 1 次の英文を適切な日本文に訳しなさい。問題文の番号の文の解答は、解答用紙に番号を振り記入しなさい。

①Metabolic Syndrome is a group of conditions that include high blood pressure, high blood sugar, high body fat around the waist, and high cholesterol. ②Having one or two of these conditions does not mean you have metabolic syndrome. ③It means you are at greater risk of having heart disease, a stroke<sup>注</sup>, or type II diabetes in later life. ④Metabolic syndrome is caused by unhealthy lifestyle choices. ⑤These include poor diet, lack of exercise, drinking and smoking. ⑥A change in lifestyle, however, can reverse these conditions. ⑦Exercising for over an hour, three times a week is recommended. ⑧Also, reducing salt, animal fat and simple carbohydrates (sugars) is advised. ⑨So is quitting smoking and cutting down on alcohol. ⑩One third of Americans have metabolic syndrome, and the situation is so bad that it has reduced the average lifespan in the U.S.A.

注 stroke 「脳卒中」

出典：Julyan, Nutt, Yoko, Kurahashi, Shin, Yamamoto. "Metabolic Syndrome" An introduction to Sports Science in English, NAN'UN·DO, 2023, p.32.

問題 2 次の英文を日本語に訳しなさい。

The aim of this paper is to deepen our understanding of the inherent purpose of sports competitions. In 'On Winning and Athletic Superiority', Nicholas Dixon states that the central comparative purpose of an athletic contest is to determine which team or player is superior, or, synonymously, to provide an accurate measure of athletic superiority. Dixon identifies athletic skill as the standard of athletic superiority in competitive sport. However, I argue there are three separate standards of athletic superiority: the demonstration of athletic skill, the achievement of prelusory\*<sup>1</sup> goal using lusory\*<sup>2</sup> means, and achievement of superior formal result.

\*1 前ゲーム的

\*2 ゲーム内的

出典：Hämäläinen, M. (2014) Three standards of athletic superiority. Journal of the philosophy of sport, 41(3): 289-302.

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